

# Alpha, Beginnings and Living the Questions

*Alpha*, *Beginnings* and *Living the Questions* are three studies that have been used within congregations of The Presbyterian Church in Canada. Each of these studies allows you to have a small group gathering with fellowship and refreshment as part of your time together. The three studies are different and will appeal to various participants in your congregation. You will need to look closely at each to determine the appropriate study for your particular situation.

## Alpha:

*Alpha* is a simple, dynamic and effective way of presenting the message of Jesus in a clear and non-threatening manner to people from all walks of life - particularly to those with no faith and to those who do not attend church regularly." The session starts with a light meal followed by a talk on a central subject of Christian faith. The sessions of *Alpha* answer questions such as "Is there a God"; "Why am I here?"; "Where did I come from?" *Alpha* is worldwide with meetings being held in all types of venues.

## Beginnings:

*Beginnings* is an introduction to Christian faith. "It is a 9-12 week small-group study that introduces the basics of Christian faith. Each session includes a meal, a video presentation and a small group discussion." *Beginnings* is an alternative to *Alpha*. It is designed to give a congregation tools to create a small group experience where people can ask questions about the Christian faith, explore their walk with God and form or deepen their relationship with Jesus Christ and the Christian community.

## Living the Questions:

*Living the Questions* is a curriculum resource for progressive Christians. It is appropriate for both seekers and established church members. It seeks to show the relevancy of Christianity in the 21st century. It provides flexibility in resources through the use of DVDs and study questions leading to discussion about a particular topic. *Living the Questions* can help people explore the future of Christianity and what a meaningful faith can look like in today's world through the eyes of various interpreters of scripture.

If you wish more information, please contact Canadian Ministries/The Vine at The Presbyterian Church in Canada.

**The three resources described above are available from  
The Book Room at The Presbyterian Church in Canada.  
1-800-619-7301, [bookroom@presbyterian.ca](mailto:bookroom@presbyterian.ca)  
[www.presbyterian.ca/bookroom](http://www.presbyterian.ca/bookroom)**