



INVITATION TO THE NATIONAL PRESBYTERIAN WELLNESS SURVEY

Dear Presbyterian minister or deacon:

- * Are you a Minister of Word & Sacraments or a member of Order of Diaconal Ministries in the Presbyterian Church in Canada?
- * Have you been employed in active, full/part-time ministry since Pandemic lockdown (March 2020)?

If both are true, please click on the red internet link below to let your voice be heard through my 20-minute, anonymous survey of Presbyterian leadership wellness. If you have received this email on a cell phone, click on the link or scan the QR code to complete the survey on your cell phone.

I am Dr. Wesley Buch, a Vancouver registered psychologist in good standing, a former ordained minister, and a research associate at Trinity College, Toronto School of Theology (University of Toronto) and Vancouver School of Theology (University of British Columbia). I have an Interdisciplinary Ph.D. in clinical & counselling psychology (University of British Columbia), a D.Min. (Knox College, Toronto School of Theology), a longstanding, private practice company in clinical and rehabilitation psychology (www.behaviouralhealthcare.com) and a long-term interest in clergy care and congregational health (www.clergyhealthcare.com). I am conducting a series of national surveys in the wake of the Pandemic that will yield a wellness audit of Canadian multi-denominational, inter-faith clergy and religious leaders. Some of these surveys will be paired with their denominational counterparts in other countries.

Please consider completing my 20-minute, anonymous, online survey about your perception of church-based social wounding, self-criticism, conflict style, and depression risk in the aftermath of the Pandemic. With your help, I intend to improve pastoral care and counselling services to Presbyterian ministers and deacons.



I also intend to provide Presbyterian governance with an independent, empirical update about the mental health status of Presbyterian clergy in the aftermath of the Pandemic.

Your participation is voluntary, confidential, and anonymous. All ethical requirements for human research at the University of Toronto for this study have been met. Please review the Clergy Consent Form attached. If you are unable to read a PDF document on your computer, download Adobe Acrobat for free here: www.adobe.com/reader

You will also find a letter of support from Rev. Tim Purvis (Associate Secretary, Ministry & Church Vocations, National Office) attached to this email. However, the survey is independent of the Presbyterian Church in Canada as a denomination.

You can access all the developments in my study online at www.clergyhealthcare.com.

If you have any concerns about this study, you may contact my supervisor, **Dr. Christopher Brittain** at chris.brittain@utoronto.ca (416-978-2522) or the **Office of Research Ethics** at ethics.review@utoronto.ca (416-946-3273).

If you have read the consent form and wish to proceed to the anonymous survey, please click on this internet link:

<https://www.surveymonkey.com/r/XH2FJ6S>

Or scan this QR Code:



Please complete this survey only once. Do not share this link, unless you are forwarding it to another PCC minister or deacon. The survey is open for one month only.



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Kind regards,

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