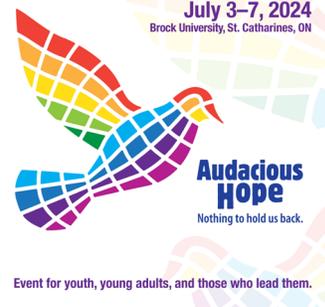


July 3-7, 2024  
Brock University, St. Catharines, ON



# Come & Join us

## uplift 2024 WILL BE A PLACE

Where brave hope will come alive.  
Where we learn to discover beauty amid the brokenness.  
Where we will become inspired towards bold acts of faith.

Come and join in an amazing journey to new perspectives and new friends, refreshed hope, greater awareness, and a great week of fun.

### LEADERSHIP STREAM

This stream is specially designed to consider all types of congregational leaders. If you are clergy, lay, paid, volunteer, full-time, contract or part-time leadership, the Leadership Stream will have something for you.

**Theme Time Speaker:** Dr. Jim Cain is a marvel of community building through play, dance, and adventure education programs. Jim will offer a way forward as we rebuild our communities with Audacious Hope.

### YOUTH STREAM

Here is where you'll find activities designed for high schoolers, celebrating your unique place as youth in our church and providing a landmark event in your faith journey while exploring what it means to have Audacious Hope. uplift will be fun, challenging, relaxing, exciting, exhilarating and exhausting!

**Theme Time Speakers:** A collection of individuals sharing stories of Audacious Hope during times of difficulty and the everyday circumstances of life.

### YOUNG ADULT STREAM

An opportunity for young adults to be truly oneself, to think deeply about your gifts, and to be empowered to be strong servant & leader. In your churches, workplace, relationships, and beyond.

**Theme Time Speakers:** Andrew Hyde & Spencer Edwards will reflect on vocation and how it intersects with the Audacious Hope of one's life.



## WHAT DOES IT COST?

The registration fee of \$625.00 pays for four nights of housing, meals, facility and programming costs. This fee does not include your travel costs.



## WHEN TO ARRIVE?

Audacious Hope begins at 1:15p.m. on Wednesday, July 3 at Brock University in St. Catharines, ON. The conference will end on Sunday, July 7, immediately following worship at approximately 10:30am.

## TRAVEL TO THE EVENT (HOW TO GET THERE)

Many congregations, presbyteries and synods coordinate the travel of **uplift 2024** participants as a delegation. Contact your minister or the **uplift 2024** coordinator for more information. The **uplift 2024** registration fee does not include any travel costs.

## WHO ARE OUR PARTNERS?

We've embarked on a fresh relationship with the United Church of Canada's RENDEZ-VOUS youth event under the thematic umbrella of Audacious Hope. This partnership will allow the sharing of resources, programming, leadership, and increased fun.

## WHO CAN I CONTACT FOR MORE INFORMATION?

Please contact the uplift coordinator, Jess Foy  
1-800-619-7301 x255 or [uplift@presbyterian.ca](mailto:uplift@presbyterian.ca).  
or explore <https://presbyterian.ca/uplift>





# *uplift 2024 Information for Parents*

## **WHEN AND WHERE IS uplift 2024?**

Audacious Hope takes place at Brock University in St. Catharines, ON, beginning on Wednesday, July 3 to Sunday, July 7, 2024. St. Catharines is in the heart of the Niagara region and Brock University is uniquely placed atop the city on the Niagara Escarpment. Brock is a small campus with great facilities and beautiful scenery ... best of all, Brock loves hosting our events!!!

## **WHAT ABOUT DISABILITY NEEDS FOR PARTICIPANTS?**

Most of the residences at Brock University and all the classrooms and meeting spaces that uplift uses are accessible to persons with disabilities. Please indicate on the registration form the disability needs of participants and we will do all that we can to accommodate those needs.

Brock's dining hall is excellent at providing alternative meal options for folx. All we need to do is give them preparation time. Please indicate your dietary needs on the registration form. Brock Chefs are always willing to meet with participants to ensure the best menu options are available.

## **WHAT ABOUT HOUSING?**

Participants will be housed in two Brock residence buildings and will be assigned rooms by home region with consideration options on the registration form. All the rooms in the residence halls are singles with a shared bathroom between two.

## **WHAT DOES THE REGISTRATION FEE COVER?**

The registration fee of \$625.00 pays for 4 nights of housing (linens provided), meals, facility and programming costs.

The registration fee does not include travel costs.

## **WHAT ABOUT TRANSPORTATION COSTS?**

Transportation costs are NOT included in the \$625.00 registration fee. There is a travel rebate available for those who need assistance. Many presbyteries and synods coordinate the travel of **uplift 2024** participants as a delegation.

Contact your minister or youth leader or the **uplift 2024** coordinator for more info.



# All About uplift 2024

## FACTS AND FICTIONS

### WHAT WILL BE PROVIDED-LINENS, TOWELS, MEAL CARDS, ETC.

**uplift 2024** provides all the necessities for a week away. You are provided with sheets for your bed and towels in your washroom. You'll receive a meal card for all meals, and a key to lock your residence room; Brock Residence Services staff are available 24/7 should you have a concern. **uplift 2024** residence rooms are singles with one bathroom between two rooms.

### I AM A LITTLE NERVOUS.

You might be the only one from your congregation attending the Youth Stream but you are going to meet other young people really quickly. Plus, you'll be introduced to your Guide (formally Adult Advisors) as soon as you arrive at **uplift** and they will be able to help you get acquainted and settled into the Audacious Hope community. You will be part of a small discussion group (Daring Disciples) with other folx from across the country and will meet with them every day. You'll worship with hundreds of new friends and have lots of opportunities for fun recreation events and interesting workshops.

### MY FRIEND CAN'T COME BECAUSE SHE'S NOT PRESBYTERIAN.

As a ministry of The Presbyterian Church in Canada and United Church of Canada, most **uplift** participants will be from congregations of the PCC and UCC. We have some guests from other churches who participate in shared youth groups or who are in partner ministries. Occasionally, Presbyterian participants invite friends or family from other traditions and that's good with us. God welcomes all and so do we!

### WILL I BE WELCOME? I'M A TRANSGENDER OR NON-BINARY YOUTH

Yes indeed, you will be welcome at the event! Each **uplift** participant can identify any special considerations on the registration form for Leading with Care and housing purposes. The **uplift** Coordinator will reach out to you with information and for conversation and will work with the Community Life Mentors to make the appropriate housing assignment.

### WORSHIP IS BORING. WORSHIP IS A ROCK CONCERT.

Worship at **uplift** is a dynamic response to God's love and goodness. Worship at **uplift** is interactive and engages all the senses. Worship at **uplift** is diverse and uses all kinds of different music. Worship at **uplift** is filled with moments of enthusiasm as well as moments of contemplation and reflection. All the elements of worship experienced at **uplift** can be used in any home congregation.

### IT'S OKAY FOR ME TO LEAVE **uplift** DURING THE WEEK TO...

Visit a friend in St. Catharines... visit Niagara Falls... shop at the outlet malls in Buffalo... to catch an early flight home. **uplift** is the full-meal-deal. It has a beginning, a middle and an end that are all important. Should you need to leave site during the event, please contact the **uplift** Coordinator.

### ONLY MY YOUTH LEADER WILL BE WATCHING OUT FOR ME AT **uplift**.

A skilled Community Life team is recruited and will be available throughout the **uplift 2024** event. This team is responsible for the safety and well-being of all participants and includes Guides (recruited by congregations, presbyteries, and synods), Event Mentors, and Health Centre staff. Each team member has fulfilled Leading with Care requirements and will be trained prior to **uplift 2024**.



# Fundraising Ideas

## SOME uplift DEFINITIONS

### MILES FOR MISSION

Raise the cash you need by selling people the mileage of the trip. Figure out how much your trip will cost and divide that by the number of kilometres it takes to get you to lift at Brock University. You now have your cost per kilometer. People then can fund a stretch of your road.

### AFTER CHURCH TAKE OUT

Just like it sounds: take the orders, prep the food, and pack it all up for pick-up after worship. Whether it's chili or cheesecake, folks will appreciate not having to cook!

### PARENTS' NIGHT OUT

This is a good way to give the adults in your congregation a night out and make a little money for your cause. Offer the parents and/or adults a night out that gives them dinner, a movie and babysitting for one low price. Appropriate movies can be rented.

### DRIVE-IN MOVIE NIGHT

If your church has a big parking lot, or if you have another large area that's usable, here's a great event that can be used as a fundraiser. Use four large sheets on a building as a screen. You will also need a sixteen-millimeter projector, a few large speakers and a movie to show. You can then have a drive-in movie in your parking lot and invite all of your church and neighbourhood to attend. Charge admission per car or per lawn chair. (If you are in a heavily populated neighbourhood, check with local authorities and with the surrounding neighbours about the noise that might be generated). Popcorn and licorice are must-haves!

### DARING DISCIPLES

A special time set aside for youth to make connections with others from across the country. The groups provide a safe space for youth to express who they are, what they are experiencing in their life and faith, and to be comfortable asking questions and voicing doubts.

### HOPE HUDDLES

Housing groups (regionally based) that check-in and unpack their day together. All this while meeting new people from your neighbourhood!

### RECREATION

Recreation events are featured each days and include everything from big games and group building activities to dance parties and crafts. Energizers are a much-loved daily **uplift** tradition, blending popular music and fun simple movements that everyone can enjoy.

### "uplifting JUSTICE"

In the tradition of CY, we will be exploring a timely topic that requires a faithful response. On Saturday we will shake up our schedule to explore a social justice concern and its relation to our homes and neighbourhoods, churches and schools, our country, and our world.



# An uplift Guide Gets to do it All!

## CALLING ALL ADULT BOLD LEADERS WITH ENERGY!

- Are you strong in your Christian faith, enthusiastic, and someone with well-developed inter-personal skills?
- Are you a team player who can ask for & offer help, and at least 25 years of age?
- Do you demonstrate patience and tolerance, exhibit common sense and flexibility, and love working with youth?
- Do you have relevant experience interacting with young people (youth group leader, teacher of youth, parent, coach, etc.)?

If you answered with a resounding YES to the questions above, it sounds like you're a great fit for the vital role of Guide at **uplift 2024**!

Guides are the foundation of the ministry that we carry out at **uplift**; they serve God by serving **uplift**'s youth participants. Guides are called to act as role models, teacher, mentor, and shepherd, and to include and engage youth in the Christian Community of **uplift**. They do it all!

The required ratio for Guides to Youth Participants is 1:9. For those traveling as congregational/Presbytery/Synod delegations, the role expands to include supervision and care while traveling to and from **uplift 2024**. Guides and/or their sponsoring congregation/Presbytery/Synod are responsible for the \$625 registration fee and any applicable travel costs.

## THE ROLE OF GUIDES INCLUDES THE FOLLOWING:

- to provide supervision and care during the youth participant's travel to and from the event (if assigned)
- to model and encourage all participants to live out the **uplift 2024** Community Life Guidelines
- to provide supervision, care and advocacy for youth participants, ensuring their safety and well-being, and inspiring them to care for themselves well with sleep, food, & good hygiene
- to participate fully in all the activities of **uplift 2024** including worship, small groups, and recreation activities as scheduled, inspiring all other **uplift** participants to do the same
- to meet daily with **uplift 2024** Community Life staff (Mentors and Health staff) and function as liaison regarding any medical or pastoral care concerns
- to be a source of humour, patience, hospitality, faithfulness, and resolve
- to provide daily leadership for Home Huddle residence groups (manual will be provided)
- to pray for all participants and the event

## NOT SURE IF YOU FIT THE BILL?

Wondering what you've gotten yourself into? Don't worry! Every leader is unique and brings their own special gifts to the table. Some Guides prefer to be present with their youth at all times. Some Guides enjoy spending their downtime in quiet reflection. Some lead with humor and silliness, others lead with a quieter energy. Some sing, some dance, some knit, some read. Regardless of your particular gifts or strengths. God can use you to help engage the youth of **uplift 2024** in a fulfilling and meaningful experience.



Please contact the uplift coordinator, Jess Foy  
1-800-619-7301 x255 or [uplift@presbyterian.ca](mailto:uplift@presbyterian.ca)  
or explore <https://presbyterian.ca/uplift>