**The Communion**

*Normally, the minister and those who are assisting receive the bread and wine before serving the people.*

*During the distribution of the bread and wine, silence may be kept, scriptural verses may be said. The people may sing hymns or the Agnus Dei. (See Ancient Hymns and Canticles.)*

*Whether people come forward to be served, or whether they serve one another from within a circle or sitting in their pews, it is appropriate to say a simple confession at the giving and receiving of bread and wine. A few examples follow.*

1. The bread of heaven.

**Amen.**

The cup of salvation.

**Amen.**

1. The body of Christ given for you.

**Amen.**

1. The blood of Christ shed for you.

**Amen.**

1. The body of Christ given for you.

**Amen.**

The blood of Christ, the cup of the new covenant.

**Amen.**

1. N\_\_\_\_\_\_\_\_\_\_\_, the bread of heaven.

**Amen.**

N\_\_\_\_\_\_\_\_\_\_, the cup of salvation.

**Amen.**