



## Instructions for Presbyterians Read Lent 2021

**Weekly Readings:** *Entering the Passion of Jesus: A Beginner's Guide to Holy Week* is made up of six chapters: one chapter for each week of Lent. Readers have the flexibility of choosing to read a few pages a day or a whole chapter at a time.

**Timing:** This study is six weeks in length. If you start on the week of Ash Wednesday, you will finish the study on the fifth week of Lent. If you start on the first week of Lent, your last group discussion will be during Holy Week. It is your choice as a leader when you start.

**Study Guide:** This study guide is designed with group discussion in mind; however, it can also be used by individuals to reflect and pray about what they are reading. This six-part Presbyterian Read's study guide, which is available for free download, is not as extensive as past Presbyterians Reads study guides; however, there are enough questions, discussion prompts and suggestions for a strong group discussion. The weekly study material is designed to be used after participants have read the chapter assigned for the week. There is also a study guide created by the publisher that can be purchased if additional material is needed.

**Adapt as Necessary:** Whether you choose to reflect on these devotions alone or in a group, please feel free to adapt the material in this resource to suit your needs and context. There are a lot of questions in this guide; you do not

need to use all of them. Choose the ones that you think would be most interesting for your group to discuss.

**Leaders:** It is helpful to assign a leader. Whether it is the same person or different leaders each week, they will be responsible for reading through this study guide ahead of time and for facilitating the discussion during the meeting. Leadership requires flexibility as well as preparation. While many people will have read each chapter carefully, others may not have prepared as thoroughly. This study guide aims to provide entry points into the discussion for all different levels of engagement.

**Participants:** You will get the most out of this Lenten book study if you read the chapter for the week ahead of your group gathering. But, even if you have not kept up with the readings, be sure to still attend the discussion group gathering. You will be welcome, and the questions are structured so that you will still be able to contribute.

**Weekly Living Practices:** Each week, participants will be given a practice connected to the theme to engage in between sessions. Many are spiritual practices that have been adapted from Adele Ahlberg Calhoun's *Spiritual Disciplines Handbook: Practices that Transform Us* (InterVarsity Press, 2015). We encourage you to engage in the exercises and discuss them during your weekly discussions.