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|  | **SACRAMENTS (Section 7.5 in *Living Faith*)** |
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| 7.5.1 | In obedience to our Lord's command and example  we observe two sacraments,  Baptism and Holy Communion.  These are visible expressions of the Gospel  given as means of entering and sustaining the Christian Life. |
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| 7.5.2 | In Baptism and the Lord's Supper,  there is a sacramental union  between the sign and the thing signified.  Water signifies forgiveness and new life in Christ;  bread and wine, the body and blood of our Lord. |
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| 7.6.3 | The grace effective in the sacraments  comes not from any power in them  but from the work of the Holy Spirit.  Rightly received, in faith and repentance,  the sacraments convey that which they symbolize. |
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